

FAMILY WEEK SCHEDULE

<u>SUNDAY</u>		
3:30pm-5:30pm	Orientation to Family Week/ Introduction to Al-Anon	Room #311
<u>MONDAY</u>		
8:30am-9:30am	Addiction: Sick Love Relationship	Room #311
9:30am-11:30am	Co-Dependency: It's Not My Problem	Room #311
1:00pm-3:00pm	Family Support Group/Room Assignments	2 nd Floor Cafeteria
3:15pm-4:00pm	Learn about Sober Housing and Aftercare	Room #311
<u>TUESDAY</u>		
8:30am-9:15am	Addiction Relapse Video	Room #311
9:30am-11:30pm	Group with Resident	Your Family Member Group Room
12:15pm-1:00pm	Learn about Alpha-Stim (Optional)	Chapel
1:00pm-1:45pm	Lecture: Relapse Prevention	Room #311
2:00pm-4:00pm	Family Support Group	Your Assigned Group Room
<u>WEDNESDAY</u>		
8:30am-9:15am	Lecture: Defeating Beliefs	Room #311
9:30am-11:30am	Group with Resident	Your Family Member Group Room
1:00pm-1:45pm	Lecture: Functional Families	Room #311
2:00pm-4:00pm	Group with Resident	Your Family Member Group Room
4:00pm-5:00pm	Family Visiting/1:1	
<u>THURSDAY</u>		
8:30am-9:15am	Lecture: Healthy Relationships	Room #311
9:30am-11:30pm	Family Support Group	Your Assigned Group Room
1:00pm-1:45pm	Lecture: The Power of Living Recovery	Room #311
2:00pm-4:00pm	Group with Your Resident	Your Family Member Group Room
4:00pm-5:00pm	Family Visiting/1:1	